



Hello Everyone,

I hope you are all safe and well and managing to keep your spirits up. I think that in future, 2020 will be remembered as the year of plans - new plans, postponed plans, arranged plans, cancelled plans, alternative plans, government plans and WI plans etc So here we are in lockdown again and let's hope we can do all we can to stay safe and keep those we love safe.

We are closing the office until the beginning of December and we are all working from home again. Please be assured we will strive to give you the best service possible.

I am so glad that we decided last month to plan a whole series of events to take us through the Winter and beyond into next Spring. Please make a note of all the events and put them in your diary or calendar. At least we can get together virtually.

I have been busy over the last couple of weeks, I have made some Christmas cards, I've got no excuse this year for not making my own! Here is a selection of them, I especially liked the design of these with the different colours and types of birds.



I have read a lot and spent time with my grandsons. I had a lovely afternoon recently at Roker Beach where I was mesmerised by the antics of a group of dolphins who were feeding and playing between the piers. It was heart-warming to watch – natural and free and in the fresh air.

Last weekend myself and Elaine Wright (Vice Chairman and Vice Treasurer) attended the National Council meeting by zoom. Elaine was attending in place of Clare Espie, our Treasurer, who was working and couldn't be there. Normally the council meeting takes place at a conference centre in the south of England so there was no long drive this year. Although it meant sitting in front of a screen for the best part of two days it was very well organised, interesting and informative we were also able to vote for various projects and future plans.

The beauty of having the zoom meeting was that every Federation was able to be represented and there was no 'dead' time. It was especially good that at the end there was wasn't a 250-mile drive home. I would say that the only downside was that we didn't get to interact with other Chairman and Treasurers during social time which is often when you can pick up good ideas and share difficulties. The staff of National and the Board of Trustees have all continued their work to keep the WI on track over the past months – even though they have all been working from home all this time. The National Team continue to keep things running and on track in addition to continuing to look to the future and the further development of the WI. At the moment National are working with the Charities Commission and the legal team to ensure that we are all kept upto date with what is required of us. We will of course pass on

any updated information as it comes to us. Needless to say, the finances of NFWI have had to be reviewed, the 3-month membership extension this year was welcomed by members but the knock on effect is that NFWI and Federations lost 25% of a years income. All departments have been asked to revise their budgets accordingly. The strategic view of the WI was discussed at length and there is continuous work being carried out to re-iterate positive messages in the media.

Members News

Apologies to Jarrow WI who celebrated their 40th Birthday last month – they of course started in 1980 not 1981 as stated.

Annie Bain of Washington Station WI has just completed the 400,000 steps challenge in aid of Breast Cancer charity, she and her friend Suzanne together raised £880.00 and covered 182 miles to fulfil the challenge. – Well done ladies!



News from National

Please don't forget to complete your '**Count Me in Survey**' – a paper copy was in the last edition of "WI Life" or you can fill it in online. It's very important that NFWI has a true picture of the membership which will help in future planning.

The next edition of WI Life will be on its way to you and as always in November it will carry an article about the proposed resolutions for next year. Because of the earlier date for the annual meeting the resolutions process has been altered. Members will be asked to make their selections and inform the Federations of their choice as usual. The successful resolutions will go forward to be discussed at the Annual meeting in April there will be no vote at that time, votes will be made in WI's afterwards and results sent to National. You will of course get more information about this in due course.

Denman College

The closing date for the consultation on the Denman Estate and constitution changes was 30th October. I hope you remembered to send your responses if you had strong feelings about it. After discussion with the Board of Trustees a response was sent from Tyne and Wear South to the National Federation.

"To the NFWI Board of Trustees October 2020

Response of Tyne and Wear South Federation of WIs Board of Trustees to the consultation on the future of the Denman estate and the proposed amended objects of the Denman College Trust.

The issues have been discussed with Tyne and Wear Board of Trustees and the outline document has been shared with all members in various formats in order that they can contribute to the consultation should they want to make representation.

The Response of the Board of Trustees is outlined below.

The Board of Trustees of Tyne and Wear South Federation of WIs would firstly like to express their thanks to the National Board of Trustees and the Staff of Denman College for their hard work and efforts to maintain and support Denman College. Decisions of this magnitude are not made lightly and we can only send our appreciation for everything that has been done with

regard to this issue. Our sympathy is extended to those who have been made redundant which is the saddest of outcomes in this situation.

However, our Federation views this as an opportunity to allow the NFWI to move forward with a more inclusive and accessible educational platform.

A beginning has been made with the extremely popular “Denman at Home” courses and the development of those along with regional and localised courses in collaboration with Federations is to be welcomed. It is an opportunity for our organisation to be more focussed on education with experiences being offered more widely across England, Wales and the Islands.

Our organisation should have an education committee rather than a Denman committee so that education is seen as an integral part of the WI.

With reference to the formal points of the consultation;

1. The proposed sale of the Denman estate - Tyne and Wear South Federation fully support the sale of the Denman estate especially as the funds raised will then be restricted to educational purposes.
2. The suggested revised charitable objects of the Denman College Trust - Tyne and Wear South Federation support the removal of references to Denman residential college. The Trustees do not support the word “promotion” and would wish to see the word “Provision “ re-instated. The Trustees would support both” Provision and Promotion “as a phrase instead of the word “Promotion” standing alone.

Margaret Carter

Chairman

Tyne and Wear South Federation of Wis

On behalf of the Board of Trustees.



Denman At Home.

This continues and it has been extremely popular and many members are taking the opportunity to access Denman online courses – for a fiver it’s a bargain!

The whole programme was launched in May 2020 with 2000 attendees, 43% of the first students had never been to Denman. From June- Sept 22,000 members attended and it reached 11% of the membership. I’m sure these courses will continue in the future.

www.denman.org.uk/. **There are more events listed upto 12th December on the website. Here’s a sample for the coming week.**

November 5, 2020	Thursday
all-day ● Online Course : Peter's Talk on The City of Ships (Daytime)	
all-day ● Online Course : Vegetarian Cook-Along with Alex – Japanese Style Broth with Lentils and Vegetable Noodles	
November 6, 2020	Friday
all-day ● Online Course : Tai Chi For Everyone with Alan – 6 Part Course	
all-day ● Online Course : Christmas Wreath Make-Along with Claire	
all-day ● Online Course : Simon's Talk on The Cenotaph, the Unknown Warrior and Rituals of Remembrance	
November 7, 2020	Saturday
all-day ● Online Course : Tai Chi For Everyone with Alan – 6 Part Course	
all-day ● Online Course : Gatefold Cards with Liz (Saturday)	
November 8, 2020	Sunday
all-day ● Online Course : Tai Chi For Everyone with Alan – 6 Part Course	
November 9, 2020	Monday
all-day ● Online Course : Tai Chi For Everyone with Alan – 6 Part Course	
all-day ● Online Course : Bake-Along with Alison – Christmas Cakes	
all-day ● Online Course : Melanie's Talk on Wandering in Flanders Fields	
November 10, 2020	Tuesday
all-day ● Online Course : Tai Chi For Everyone with Alan – 6 Part Course	
all-day ● Online Course : John's Talk on Mistresses and Their Houses	
all-day ● Online Course : John's Talk on the History of Baptisms, Marriages and Funerals	
all-day ● Online Course : Simon's Talk – My Favourite Poems – Part 2 (Evening)	
all-day ● Online Course : Simon's World War 1 Course Part 5 of 8 – 1916 – Attrition	



Dates for your Diary –

As you can see from the list of dates for your diary, we are aiming for 2 Federation events per month by Zoom. The first one is this coming Saturday, a virtual craft class. I will be demonstrating edible Christmas Cake decorations and place settings. The original plan was that I would do this demonstration from the office with Joanne filming and hosting the zoom meeting. I shall now be demonstrating from my kitchen table and Joanne will host the meeting. It's a first for us and if it goes well you should just see my hands and kitchen table – if it goes badly it could be the first pantomime of the season!! I do hope you can join us and get some ideas of things to do over the next month. Good projects for the kids too!

Date and Time	Event	Meeting ID and Password
Thursday 19 th Nov 7pm	Federation Quiz	847 6143 8080 questions – all lower case
Tuesday 15 th December 7pm	The Joys or Otherwise of the Festive Season	851 5446 7700 488 313
Thursday 28 th January 2021 7pm	Cookery Demonstration (Vegetarian for Life)	867 91811224 vegetarian
Thurs 25 th Feb 2021 7pm	Bakery Demo – Artisan Bread	TBC

Thursday 25 th March 2021 7pm	Flower Arranging	TBC
CRAFT DEMONSTRATIONS		
Sat Nov 7 th 10.30am	Edible Novelties for place settings or Christmas Cake Decorations	Meeting ID 838 8887 2126 Password – christmas all lower case
Sat Dec 12 th 10.30am	Christmas Wrapping with a Twist	Meeting ID 813 5842 5935 Password – wrapping all lower case
Sat Jan 9 th 2021 10.30am	Archive Tags	818 3298 0331 wrapping
Sat Feb 6 th 2021 10.30am	Valentine Tokens	816 0790 7881 valentine
Sat March 6 th 2021 10.30am	Easter Crafts	885 6437 7125 easter
Sat May 1 st 2021 10.30am	Faux Enamelling	870 5685 9801 enamel
Sat June 5 th 2021	Paper Roses	841 2831 2909 paperroses

Join us on Saturday 7th November for the virtual craft demonstration

Sat Nov 7 th 10.30am	Edible Novelties for place settings or Christmas Cake Decorations	Meeting ID 838 8887 2126 Password – christmas all lower case
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These are the items I will be using on this craft demonstration. Have them to hand if you want to have a go afterwards.

Equipment - Knife, Board, Rolling Pin, Small Paintbrush, Cocktail Sticks, Small Cutters.

Ingredients - Rice Krispie treats, White Sugar Paste, Coloured sugar pastes, Crème Eggs, Walnut Whips, Digestive Biscuits (or small silver card circles), Food Colouring



Get ready for the December Craft by having to hand

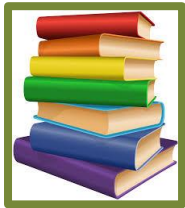
Christmas Wrapping Paper, Scissors, Double Sided Tape, Sticky Tape, Glue Stick, Assortment of ribbon and decorations.

Federation Quiz Thursday 19th November 7pm

Join us for an evening that will test your knowledge. Get the other people in your household/bubble to join in too! You will need pen and paper – drink and nibbles are optional!. We will not be responsible for any arguments in households. Prizes for 1st, 2nd and 3rd place.

Come and join us – where else can you go?

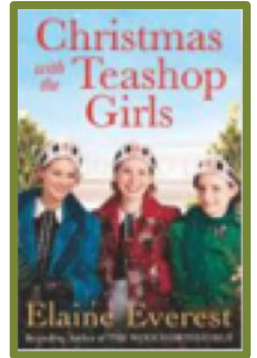
Thursday 19 th November 7pm	Federation Quiz	847 6143 8080 questions – all lower case
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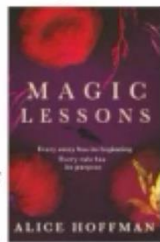
Read and Rhyme –

Christmas with the Teashop Girls – Elaine Everest

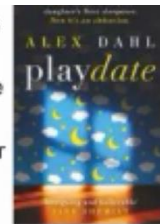
Its late 1940 and its back to the Kent Coastline to revisit the Teashop Girls in the second book in the series. Rose Neville and her staff are working hard to put on a brave face for their customers, but when the café is hit during a bombing raid, they are left wondering whether it can survive. Charming characters abound in this historical wartime drama.



Delving into the past of the Owens family, Hoffman's prequel to *Practical Magic* reveals how it all began when a baby is abandoned in 17th century England. Vivid, evocative and wonderfully written – prepare to be spellbound.



It's every mum's nightmare. You entrust someone else with your daughter on her first sleepover. Then you turn up the next day to pick her up – only to find the house empty? That's what happens when Elisa drops her child, Lucia, off at new friend Josie's house.



What have you been upto this week?

How cute are these? Members of Fells Angels WI are knitting these festive covers for Terrys chocolate oranges, they will be donated to a local food bank to add a bit of festive cheer to Christmas food bags. Well done ladies.



One of Dilly Dollies WI members, Gillian Dundass

Shillitoe has like many of our members had a difficult few months. Gillian's husband works as a Sound Engineer in the music industry and Gillian works alongside him at gigs and events where music plays a big part of what is happening. Obviously since the beginning of lockdown work had dried up and she was delighted a couple of weeks ago when they had an assignment to do the sound for Si King's band who were

making a music video recording. The job also coincided with the last day of BBC filming for the new “Hairy Bikers” cookery show So there was an added bonus to working that day, when Gillian and Dave got a chance to chat and admire a “hairy bike”.

Thanks to Gillian for sharing the picture and we all hope that she and Dave and all our other members involved in the entertainment industry can get back to work soon.



Joanne’s craft course is going really well, she has completed a proggy mat and a drawstring patchwork bag. The current project is a hooky Christmas picture which I think she is finding harder. Well done so far. If anyone wants the information on how to make these, contact Joanne in the office and she can send you some



information. These were great little projects for those beginning to craft - simple but effective.



Sisters of Shields WI Wine Club’s held a zoom Hallo-Wine Party. The ladies were asked to choose a bottle of wine that had either a Halloween themed label or name, & dressing up was encouraged. The eleven ladies who decided to join in were in various stages of costume, from fully dressed to masks, & everyone looked fabulous! A couple of the Sipsters said it was the first time that they had actually dressed up for Halloween but had great fun in doing so. Some of the ladies decorated their surroundings too. They took part in a quiz, a game of ‘Would you Rather’ - a Halloween edition obviously, told scary real life stories & shared their earliest memories of Halloween. A great night where the wine didn’t seem to matter. They enjoyed

seeing & talking to each other again. The evening ended with a Halloween funny story, so that no one would have nightmares.



Christmas Corner

Christmas Corner: Stir up Sunday is the last Sunday in November when you should make your Christmas puddings. Here's a recipe for your Christmas puddings so you can start now and get the ingredients before Stir up Sunday

Boozy Christmas Puddings

Preparation time: 20min, plus overnight standing

Cooking time: 2hrs, plus re-heating time

Ingredients

(Makes: 8 individual puddings)

- ◆ 200g raisins
- ◆ 150g sultanas
- ◆ 150g currants
- ◆ 50g glacé cherries, quartered
- ◆ 125g fresh breadcrumbs
- ◆ 125g carrots, finely grated
- ◆ 50g ground almonds
- ◆ Finely grated rind of 1 lemon + 2tbsp juice
- ◆ 1tsp ground mixed spice
- ◆ ½tsp ground nutmeg
- ◆ 4tbsp dark rum or brandy
- ◆ 150ml stout, such as Guinness
- ◆ A little butter, for greasing
- ◆ 125g dark muscovado or molasses sugar
- ◆ 2 eggs, beaten

1 Put the raisins, sultanas, currants, cherries, breadcrumbs, carrots, ground almonds, lemon zest, lemon juice and spices into a large mixing bowl. Add the rum or brandy and stout. Stir well, then cover and soak overnight.

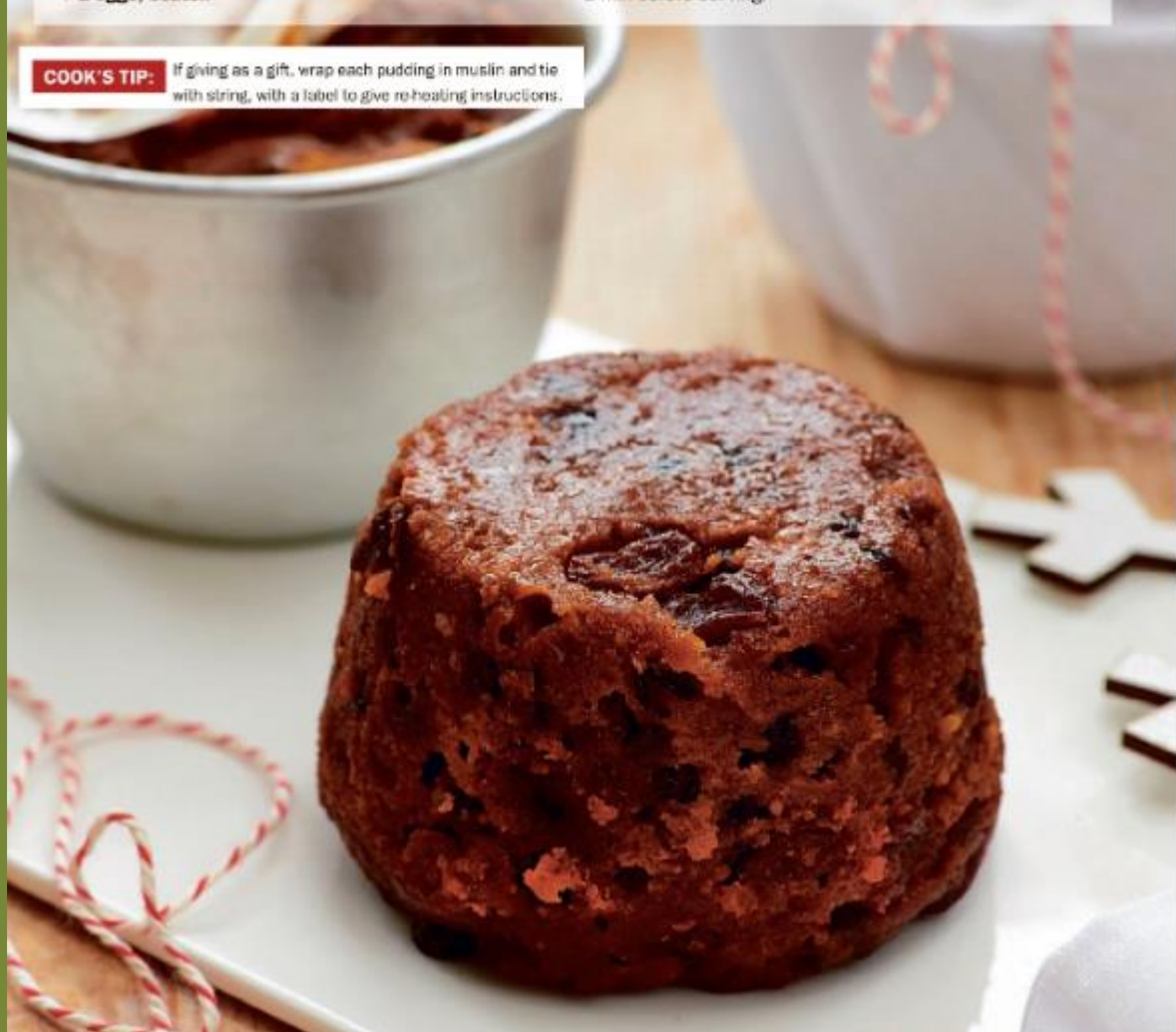
2 Grease 8 individual pudding basins with the butter. Stir the sugar and beaten eggs into the fruit mixture. Spoon into the basins, level the tops, then cover with circles of greaseproof paper. Cover tightly with pieces of kitchen foil.

3 Steam the puddings for 2hrs, topping up the steamer with extra boiling water as needed.

4 Cool the puddings and replace the pieces of foil with fresh pieces. Store in a cool, dark place. On Christmas Day, steam the puddings for 1hr to reheat, or microwave on HIGH for 30sec per pudding, allowing them to stand for 2 min before serving.

COOK'S TIP:

If giving as a gift, wrap each pudding in muslin and tie with string, with a label to give re-heating instructions.



Before you buy a bunch of "stuff" for family and friends this holiday season, try asking them what they really NEED.

Maybe they need help with a utility bill, or a car payment, or the rent.

Maybe they need a kid-free night, and could use a free babysitter.

Maybe they need a night off of cooking, and could use a homemade meal.

Maybe they need help with gas for their car.

Maybe they need a night out with friends.

Maybe they need a cup of coffee, and someone to just listen.

Maybe they need help making the holidays bright for their children.

Maybe they need help in some other way, but they either don't know how to ask for help, or are embarrassed to ask.

Maybe YOU could be the one to give them what they really need this season, rather than just more "stuff".

WHAT'S COOKING?

Well if you're tired of traditional food at Christmas, why not try something a bit quirky but I have to say I won't be partaking of the Brussels Sprout Vodka!



SAUCES

Sauce Shop Brussels Sprout Ketchup, (255g), £3, amazon.co.uk

Saucy and sprostrageous, Pigs in Blankets Mayo (260ml), 99p, Sainsbury's, £3, amazon.co.uk

Another fancy dressing, Taste the Difference Bloody Mary Ketchup (250ml), £1.50, Sainsbury's

What's not to like?



DRINKS

Light-up Snow Globe Gin (70cl), £18, M&S

In clementine or rhubarb flavours, it has edible gold leaf that looks like glittering snow and the bottle lights up, giving it a magical glow.

Brussels Sprout Vodka (50cl), £20, nelsonsdistillery.co.uk

Said to have a "malty cabbage" flavour, it's a love it or loathe it tipple.

Nelson's Christmas Dinner Gin (50cl), £20, nelsonsdistillery.co.uk

Nelson's say it "serves up the sweetness of cranberry fused with the complexity of sage and hints of turkey". That's some liquid lunch.



Christmas food is going completely.. crackers


BY RUKI SAYID Consumer Editor

PUT the ho, ho, ho back into Christmas with some weird and wonderful festive foodie goodies.

With chicken masquerading as doughnuts, Percy Pig mince pies and a 2m pig in blanket, it will be a very merry Quirk-mas.


rukisayid@mirror.co.uk @RukiSayid

SNACKS




Irresistible Ultimate Roast Potato Hand Cooked Crisps (150g), £1.70, Co-op

Yes, potato...tasting of potato.



Honey Glazed Ham Tortilla Rolls (150g), £1, Co-op


Porky posh nibbles.




McVitie's Digestives Christmas Pudding Milk Chocolate Biscuits (250g), £1, Asda

Christmas pud you can dunk.


SAVOURY




Collection Beef and Bone marrow Pie, top, (1.2kg), £20, M&S



Pulled Pork and Pancetta Cracker (400g), £3.99, Aldi




Chicken Doughnut Dippers (330g), £5, M&S




Two metre Long Pig in Blanket (850g), £4.99, Aldi

Sausage that rolls and roils.


SWEET




Heston Chocolate Buck's Fizz Candies, above, (150g), £9, Waitrose




Four Percy Pig Percymas pies, far left, £2, M&S



Four Heston Night Before Christmas Mince Pies, £3 Waitrose



Yule Dog (631g), £8, Sainsbury's



Candied Pigs in Blankets, right, (242g), £2.25, Asda

Public Affairs Update from Christine Parker – Public Affairs Ambassador

STOP MODERN SLAVERY

I have been trying to find out more about this campaign. The current regulations to end and support victims of modern slavery came into statute in March 2015. It was reviewed in July 2016. the UK government system for victim identification and support is through the National Referral Mechanism (NRM).

If anyone suspects they have seen evidence of modern slavery ring the helpline 0800 121 700 or the Police on 101. The NRM in 2019 supported 10,627 victims. A 52% increase from 2018.

The Modern Slavery (Victim Support) Bill 2019-2021 started in the House of Lords in January 2020. There is currently no date for the second reading. The bill would guarantee 12 months support for a victim after a positive decision made by the NRM. The current support is for 45 days.

WI Life (October) has an article from the member who proposed this new resolution.

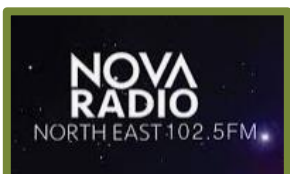
NO MORE VIOLENCE:16 DAYS OF ACTION

The WI supported this campaign last year and it was a nationally successful. We are encouraged to take part again this year. The Counting Dead Women project found fourteen women and two children had been killed across the 23 March to 12 April period. The project found through tracking the number of deaths through domestic violence the numbers are double that of an average 21 day period in the last decade. The numbers of women and men seeking help during the Covid lockdown have risen. The current lockdown makes it difficult for us to participate in the action this year. However we can do some things.

The campaign runs from 25th November - 10th December. How can you help?

- Collect donations to pass on to your local women's refuge. Add some extra toiletries to your shopping order to pass on later
- White Ribbon Day is 25th November. This is an opportunity to engage male ambassadors in speaking out against violence against women and to wear a white ribbon in support of the campaign. My WI has resources and information you can use to to start the conversation.
- NFWI will be hosting a Supporting Survivors webinar. This is an opportunity to hear from expert speakers, survivors and members who have been campaigning on this area. To register an interest visit:thewi.org.uk/16days webinar

Invitation - Bowes Belles WI would like to invite you to join their November meeting via Zoom on Tuesday 10th November at 7pm. Our speaker is Paula from Suffolk Prickles Hedgehog Rescue. If you're a member of a WI in the Tyne & Wear South Federation and would like to join us on the 10th November, please email bowesbelleswi@gmail.com for joining instructions.



Remember to tune into On Nova Radio North East, Sundays 2-4, where Julie Pendleton talks to Margaret Carter and always has a variety of interesting guests.



Children

If you haven't reminded your children how proud you are and how much love they have brought to your life, take the time to share your feelings in a moment of tenderness. They will feel your love and be proud of their own achievements.

Extended family

Sending kindness cards is a great way to stay in touch with extended family and share thoughtful words. Buy a set of beautiful cards or, if you have time, design your own. Find a beautiful collection of online animated digital cards at jacquielawson.com

Celebrate with KINDNESS

World Kindness Day is on 13 November

World Kindness Day was introduced in 1998 by The World Kindness Movement, an organisation made up of a number of NGOs worldwide. It is growing rapidly, as more countries adopt this date to make the world a better place by highlighting good deeds in the community.

In the UK, World Kindness Day is fronted by entrepreneur and humanitarian David Jamilly and author Louise Burfitt-Dons. It is their mission to help us all focus on the positive power and common thread of kindness that bonds us as humans and a community.

Here's how you can show your kindness and support to your loved ones and community...

Your partner

Is there a job at home that your partner takes care of, such as putting out the rubbish or taking the car to the car wash? Offer to look after that job for a week or two, to show you care and are grateful for their efforts.



Yourself

Start with being kind to yourself; by looking after yourself first, you are better able to offer love and

support to others. Treat yourself to a quiet hour of me-time or perhaps a new book or a beautiful new flower for your garden.



Local community

A local charity or support network will benefit deeply from an act of your kindness to support your fellow community members. A small financial donation or giving them an item from your home or wardrobe will go a long way, particularly in these uncertain times.



Close friend

Make a creative keepsake for a really good friend so that every time they see it in their home, they will be reminded of your friendship and kindness. This could be a framed photograph, a sketch, a cutting from your garden or a handwritten note or poem.



Friends abroad

If you have an old friend who now lives overseas, take the time to contact them to ask how they are doing. Put some time aside to either call or write, to them to show you care. They will appreciate being given the opportunity to share their feelings and thoughts with a friend.

Puzzles

How many of the questions did you get right last week ?

1. Alongside former President Frederik Willem de Klerk, which then President of South Africa won a Nobel prize for their work to peacefully end apartheid in the country? **Nelson Mandela**
2. How many cards are there in a pack of cards (not incl. jokers)? **52**
3. What does www stand for? **World Wide Web**
4. What Saints Day is celebrated (particularly in Ireland) on 17th March each year? **St Patricks Day**

5. Where might you find Tower Bridge and Buckingham Palace, amongst many other landmarks? **London**

6. What is the name of Mickey Mouse's partner? **Minnie Mouse**

7. What country is famous for inventing the Taco, Burrito and Quesadilla? **Mexico**

8. Who is the South African born CEO of SpaceX and the brains behind Tesla? **Elon Musk**

9. What animal is Pumbaa in the Lion King? **A warthog**

10. What company is responsible for the iPhone, iPad and iWatch and many other products? **Apple**

I know that not many of us have been able to travel far this year but here is a puzzle for you to search out different currencies across the world. I must admit some I haven't heard about.

WORDSEARCH

Rummage through our grid to find all these coins and currencies. The answers appear forwards, backwards, up, down and diagonally, but always in a straight line. You can use letters in the grid more than once.

ABIDI
AMANI
AMBROSINO
ANSELMINO
APULIENSIS
ARDIT
BALBOA
BATZ
BESA
BISSONA
BOLIVIANO
CAMILLINO
CHUCKRAM
CUARTILLA
CUARTINO
DALASI
FRANC
GOURDE

GUILDER
KOBAN
KWACHA
MARKKA
MOCENIGO
NEW SOL
NGULTRUM
ONCIETTA
PENNY
QUADRANS
QUETZAL
QUIRINO
RIJDER
ROUBLE
RUFYAA
SCHILLING
SIGLOS
TOLAR

Q J B U F O O N I M L E S N A C B Z H Q U
A K D U J B K M E J A L L I T R A U C B D
C E J J J N J D R R F G O T Q N I I T A I
Z Z N M H D R E C R U J T J D N L T L J Q
U Q F S D U D D A G G Q M L A L T A Q D L
S E R J O L M N M S S U M M I Z S C S D S
E I L G I R C T I D O E A C W I N R V N Q
V U S U C L T L L V L T N G U L T R U M Y
E J G N Y M P P L F G Z A C C B D Y Q L Y
U M P F E U A E I V I A A T R M A L T W F
P O M T L I Y L N L S L Y G D K U L H D V
S C A E Q L L B O I P A I S O B Q J B I V
Y E R K V F B U P V D U F Q D U P W L O R
Q N K F R Z A O P N A R U Q A G S M O E A
J I K P D Z T R S A A I R D U Q Q N D O T
V G A S F D Z S T C Q B R K U P C J R N I
E O E W R Z F O T N H A O I J I I K C I R
M T Y T A A Q B G P N I R K E R G Z T S A
L Q I M S B L Z Z S R I L T J P E W J O N
P G T D V D I O W Y N S T L O S W E N R O
S E U O R N H D T O I A G Z I F E U J B S
F S N C U A R T I N O R T I O N R M O M S
Y G G N B C H U C K R A M K L D G B A A I
C D C Z Y J W A C O S A S E B E D Q G J B
O K K W A C H A O H A R B O L I V I A N O

Well that's all folks for this week, we will be doing a short new bulletin next week from Joanne's sitting room so look out for that. We look forward to seeing as many of you as possible on Saturday for the Christmas Edible Craft. Take care.

Margaret Carter - Chairman - Tyne and Wear South Fed of WI's

Office number and email 0191 5845814 twsfwi@btconnect.com

Margaret Carter 0191 4165269, 07718 231984 macarter1@hotmail.co.uk



<https://www.youtube.com/watch?v=nUJV-9wvdB8>

For information and support on domestic abuse, contact:

- Police: 999 press 55 when prompted if you can't speak
- Refuge UK wide 24-hour helpline: 0808 2000 247