

News Bulletin 3614th April 2021

Charity Number 1099003

Hello Everyone,

I hope you are safe and well. It is nice to see the bright sunshine even though it has been bitterly cold recently. I do enjoy seeing the flowers blooming, the leaves reappearing on the trees and the birds being busy. With the changes in Covid regulations the world seems a more positive happier place.

I am humbled and delighted to have been re-elected as Chairman by the Board of Trustees. I am looking forward to a year full of possibilities and will continue to do my best for the WI, the Federation and the members.

Last week was a busy week, as adviser I attended two WI Annual Meetings by Zoom and I am delighted that Maureen Dixon Berne was re-elected as President of Whickham Village Belles WI and Ebbie Hulland was elected as President of Fells Angels WI.

Our Spring Council meeting was very well attended on Saturday and there is a full report included at the end of this news bulletin.

I know that some of you are now meeting up in groups of six to enjoy time together in the fresh air, why not send us pictures to share with the Federation?

Make sure you check out all the dates for upcoming activities in the bulletin and don't forget the Denman At Home courses which are running almost every day. Facebook users can also check out the WI Wanderers page which lists every day a whole variety of activities you can participate in.

Debra Phippen, Trustee Member & Secretary of Jarrow WI has asked us to include these words in this bulletin:-

“Well done, Margaret/Joanne/Katherine for hosting the Spring Council Meeting last Saturday. I know there would have been numerous concerns as to whether screens could be shared, and sound could be heard and all that planning certainly paid off. The two speakers were particularly good and I'm sure there wasn't a dry eye in the house following the very touching memorial to members we have lost from our Federation over the past year - even thinking of The Queen's loss of her husband was very profound - after all, as was mentioned, she continues to be a fellow WI member. I was surprised to be a winner in the photography competition, and I would like to take this opportunity to donate my voucher back to the Federation as I feel I have won far too much recently, including a prize in the Federation Quiz and a beautiful bouquet of flowers from the Flower Arranging Zoom meeting just before Easter. I would encourage members to enter future competitions that are run as you never know what the judges are looking for! I was moved by the reasons why the winners had been picked and this made me look at the

pictures in a totally different light. My photo always sticks in my mind as a lovely memory from last year and obviously, it resonated with the judge too. Enough from me now, I'm off to buy a lottery ticket!"

We would like to thank Debra for her generosity and kind words.



Federation Dates for your Diary

Date & Time	Event	ID/ Password
NEW Tuesday 27 th April 7pm	Meeting for Presidents, Secretaries and Treasurers Catch up	886 7054 6100 666128
Thursday May 27 th 7pm	Conspiracy Theories – A talk from Andy Thomas, who is one of the UK's best-known researchers into conspiracies. He is the author of many books and appeared on many TV and radio shows.	859 3659 1602 075874
Saturday 26 th June 2pm	Walk –Herrington Park – depending on latest government guidelines	TBC
Thursday 24 th June 7pm	Karen Tann – Zumba Exercise – something a little different for the Federation, please join with a floaty/chiffon/silky lightweight scarf and two wooden spoons (or similar) ready for some of the exercises.	856 5092 4587 676010
Thursday 15 th July 2021 at 7pm	Below Deck - What really goes on behind the scenes on a cruise ship! Kevin Reay and Adam Allinson have both travelled the world working onboard numerous cruise ships! Find out the juicy tales of what really goes on below deck in this entertaining presentation! No topic is off limits!	Details to follow
CRAFT DEMONSTRATIONS		
Sat May 1 st 2021 10.30am	Faux Enamelling	870 5685 9801 enamel
Sat June 5 th 2021 10.30am	Paper Roses	841 2831 2909 paperroses
Sat 3 rd July 2021 10.30am	Rubber Stamping - first steps to make us all artists.	849 9638 7253 647173
Sat 4 th September 2021 10.30 am	Vases for nothing - up cycling to make pretty containers	889 2126 3196 418846
Sat 2 nd October 2021 10.30am	Modelling with lightweight air-dry clay	830 4198 8597 994216



Denman At Home. <https://www.denman.org.uk/calendar/> There some different courses coming up – everything from computer training, family history, gardening, astronomy to Wedding Mice !!! great selection.

April 15, 2021

- all-day ● Online Course : Excel Foundation Course with Tilo – 4 Part Course
- all-day ● Online Course : Gentle Mindful Yoga with Elaine – 4 Part (Daytime)
- all-day ● Online Course : Going Further with your Family History with Jessica
- all-day ● Online Course : Martin's Astronomy Talk – A Guide to the Spring Sky
- all-day ● Online Course : Peter's Talk – It's All in the Name – London's Unusual Street Names (Daytime)

April 16, 2021

- all-day ● Online Course : Excel Foundation Course with Tilo – 4 Part Course
- all-day ● Online Course : Gentle Mindful Yoga with Elaine – 4 Part (Daytime)
- all-day ● Online Course : Brian's Sideways Look at Plants – Part 2 : Vegetables
- all-day ● Online Course : Simon's Talk – Twentieth Century Dictators – Franco (Morning)
- all-day ● Online Course : Wedding Mice with Claire



Invites from WI's

Washington Concord is having a talk by Tim Mitchell - The Lighting Man. on May 4th 2pm. Tim has worked in the Entertainment Industry for the last 30 years and has worked on many prestigious works worldwide. His work includes the lighting for Drama, Musical Theatre, Ballet and Opera. He has won many awards. Contact nanclark2005@yahoo.co.uk

Whickham village Belles have organised a murder mystery night on Friday 21st may, time to be confirmed. It will be run by a company called Tall Tales murder mystery. The night will consist of an actor led murder mystery with 3 actors playing 4 characters. The maximum we can have is 40 and we would like to open it up to friends and family. Message their Facebook page for more details.

Remember if your WI does not have a zoom licence and would like to host a virtual meeting, we are now offering the Federation licence for a small charge. Please get in touch with the office and book a date, Joanne will also help organise this and show you how to use Zoom.

WHAT'S COOKING?

MINI LEMON DRIZZLE CAKES

Makes 12

100g butter
100g caster sugar
Juice and zest of 1 lemon
3 eggs
220g self-raising flour
2tbsp milk (optional)
For the syrup:
20ml water
100g caster sugar
Juice and zest of 1 lemon

- 1 Preheat the oven to 180°C/gas mark 4. Beat together the butter, sugar, lemon juice and rind until light and fluffy.
- 2 Beat in the eggs, one by one. Sieve in the flour and beat in until smooth. If the mixture seems a little dry, beat in the milk.
- 3 Spoon into a greased 12 hole muffin tin and bake for 12-15 minutes.
- 4 Once cooked, place on a wire rack to cool.
- 5 Heat the water, sugar and lemon juice and rind. Boil until it becomes a syrupy consistency. Drizzle over the cakes and serve.

MINI MILLE FEUILLE

Serves 4

1 sheet frozen puff pastry, thawed
400ml cream
1tsp vanilla extract
3tbsp caster sugar
250g strawberries
2tbsp strawberry jam
20g icing sugar

- 1 Preheat the oven to 200°C/gas mark 6. Line a baking tray with non-stick paper. Cut the pastry into eight pieces. Place the pastry on the tray. Place another piece of non-stick paper over the pastry, and another baking tray on top.
- 2 Bake in the oven for 20 minutes. Turn the trays over and bake for another 5-10 minutes. Take out and leave to cool.
- 3 Whisk the cream together with the vanilla and sugar.
- 4 Spread the cream on four pieces of pastry. Sprinkle with half the strawberries. Repeat.
- 5 Heat the jam until runny. Drizzle over the mille feuilles. Sprinkle with the icing sugar and serve.

MINI TARTE TATIN

Serves 6

200g plain flour
100g cold butter
50g caster sugar
1 egg yolk
1tsp ice cold water
6 Cox or Granny Smith apples, cored and chopped into wedges.
Juice of ¼ lemon
100g caster sugar
10g Demerara sugar
80g butter
To serve:
Vanilla ice cream

- 1 Preheat the oven to 190°C/gas mark 5. Grease a six hole muffin or Yorkshire pudding tray.
- 2 Place the flour, sugar and butter in a bowl. Working quickly, rub together until it resembles breadcrumbs.
- 3 Add the egg yolk, using a knife to combine. If the pastry seems a little dry, add the water.
- 4 Shape into a ball, roll in cling film and refrigerate for at least one hour.
- 5 Toss the apples in the lemon juice. Heat the sugar in a large pan.
- 6 When the sugar starts to melt add the butter. Stir and add the apples. Take off the heat.
- 7 Roll out the pastry and cut six circles, big

enough to cover the holes of the tray.

- 8 Divide the caramel apple mixture evenly into the muffin tray. Top with the pastry and press down.
- 9 Bake in the oven for 15-20 minutes, or until the pastry is brown. Serve with ice cream.

Fat	27g	Sat.Fat	12g	Carbs	56g	Energy	432kcal
Protein	4g	Sodium	0.3g	Sugar	32g	Fibre	2g



AUBERGINE PARMIGIANA

Serves 6

3 medium aubergines, sliced 2cm thick
Salt and freshly ground black pepper
Roma Extra Virgin Olive Oil
300ml tomato sauce
250g mozzarella, thinly sliced
1 bunch basil
100g freshly grated Parmesan

- 1 Preheat the oven to 180°C/gas mark 4.
- 2 Place the aubergine slices in a colander, sprinkle with salt and allow them to degorge for about 30 minutes to let the bitter juices drain. Rinse and pat them dry.
- 3 Heat some oil in a frying pan and fry the aubergine in batches over a medium heat. Drain on kitchen paper and season to taste with salt and freshly ground black pepper.
- 4 Spread some tomato sauce over the bottom of a 25cm x 20cm baking dish. Cover with a layer of aubergine, followed by one-third of the mozzarella and a layer of basil leaves. Continue with another layer, ending with tomato sauce. Place the remaining mozzarella on top and finish with the grated Parmesan.
- 5 Bake for 20-25 minutes, until the cheese is golden around the edges.





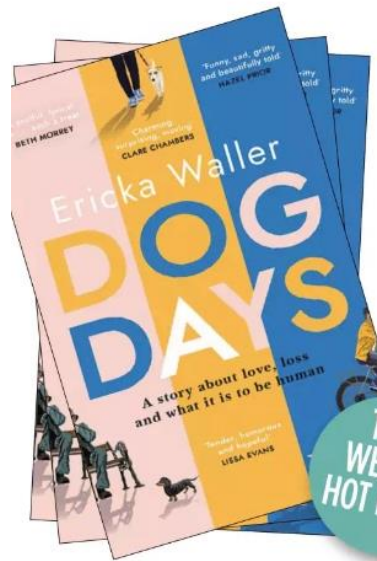
Read and Rhyme – Here's a selection of new books available this week, I'm going to order the one about Paris as it sounds a like great read.



WHILE PARIS SLEPT

by Ruth Druart (£14.99, Headline, HB)

Historical fiction fans, rejoice. A new voice has entered the arena and we think she's one to watch. When Jean-Luc flees Nazi-occupied Paris he's not alone. Working as a railway worker, he is taken by surprise when a young woman train-bound for Auschwitz entrusts him with her baby. Now, living in Santa Cruz, California, in 1953 with his new family he thinks he has escaped the horrors of his past – until the past knocks at his door. A heart-rending story told from two family's perspectives, it's also one of hope amid tragedy. Perfectly paced and evocatively written.



DOG DAYS

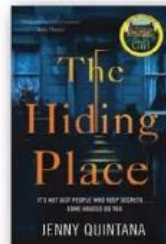
by Ericka Waller

(£14.99, HB, Doubleday)

If you enjoyed Beth Morrey's *Saving Missy*, you'll love this. George has lost his wife of 50 years and is very angry, Dan is a counsellor with OCD and Lizzie is living in a women's refuge with her son, Lenny. Enter Poppy, Fitz and Maud – the dogs who help these troubled characters navigate life's ups

For more books information, see goodtoknow.co.uk/books

and downs. Both hilarious and moving, this is a story of hope, healing and the unconditional love of dogs.



The Hiding Place

by Jenny Quintana

(£14.99, HD, Pan Macmillan)

The circumstances surrounding Marina's birth are a mystery. All she knows is she was found wrapped in a shawl in a shared house in London. So when she finds a flat is being let in the same building she wonders if it might hold clues – or whether someone connected to the house might. An emotional read for anyone who loves a good mystery.

“To the outside world, we all grow old. But not to brothers and sisters. We know each other as we always were. We know each other's hearts. We share private family jokes. We remember family feuds and secrets, family griefs and joys. We live outside the touch of time.”

♥ Clara Ortega ♥



Did you know it was National Siblings Day on 10 April - me neither! I thought you might find this interesting; I have a sister and two brothers and as kids we fought all the time as well as doing daft things together. Brothers and Sisters are our first friends and our first enemies but treasured all the same. The quote in our read and rhyme section by Clara Ortega sums it up beautifully.

The greatest influence

We spend so much time with siblings as youngsters, it's no wonder they have the potential to shape us. A US study found having a sibling encouraged good behaviour and kind deeds in children more than having loving parents. Research also showed growing up with a sibling of the opposite sex makes you better at striking up and maintaining a conversation with romantic dates.

Spectacular siblings



the greatest ever collection of fairytales; the Brontë sisters became titans of literature; the Marx brothers were masters of comedy, and George and Ira Gershwin composed together. Nowadays we have the sporting Williams' sisters (above) and in entertainment, Warren Beatty and Shirley MacLaine (right).

Wilbur and Orville Wright were brothers who, with the help of their sister Katharine, invented the first successfully flown aeroplane. The Grimm brothers published



just for fun

WE ARE



FAMILY

From the brothers and sisters who changed the world to the science behind our family relationships, we mark National Siblings Day with some fun facts
By Katharine Wootton

The pecking order

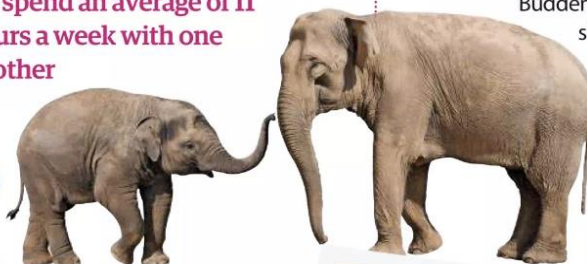
IQ



It's a fact! By the time children turn 11 they spend 33 per cent of their spare time with siblings. Even in adulthood it's thought we spend an average of 11 hours a week with one another

Record breakers

You might think you have a big family... until you read this! No one's had as many siblings as the Vassilyev family in Russia who, in the 18th Century, broke the record for the greatest number of children born to one mother. Valentina Vassilyev gave birth to 69 children made up of 16 pairs of twins, seven triplets and four sets of quadruplets! Meanwhile, more recently proud parents Ronnie and Sienna Budden broke the UK record for siblings with the smallest age gap, born just six and a half months apart!



Did you know? National Siblings Day was founded by American Claudia Evart to honour the memory of her brother and sister who both died young. It is celebrated on April 10, the birthday of Claudia's late sister, and is now growing in popularity in the UK, Australia and Japan



Firstborn siblings tend to have a higher IQ and a study found 43 per cent of all company CEOs are eldest children. More than half of US presidents (such as JF Kennedy, left) were middle, or second eldest children, thought to be more adept at diplomacy, resilience and independence, despite the popular concept of 'middle child syndrome' suggesting middle children feel left out. Younger siblings describe themselves as being more chilled and less serious than their older siblings.

Female African elephants stick together all their lives, looking after each other's babies and learning mothering from their older sisters. And if a baby chimpanzee is orphaned, older siblings take on the responsibility to raise them. Shrew siblings are so keen to stick together they go around in a 'caravan'. By holding the fur above their siblings' tails with their teeth (shown below) they ensure they never lose one each other!



Creature connections





Postbag – Many thanks for all your messages we had some lovely ones about the Spring Council too – Far too many to put in the bulletin.

“Hello Joanne - Thankyou for another beautifully presented and interesting newsletter. Happy Easter to you all” - Sue Betts Kibblesworth

“Wow, definitely an Easter Bumper Edition, thank you both for all your hard work” - Best wishes, Maureen James.

WI news



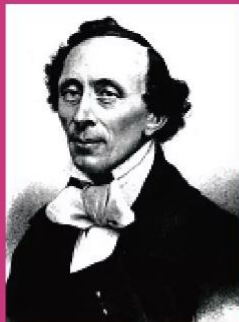
Ali Guthrie of Washington Station WI sent us these pictures after being inspired by the last two Federation Zooms.

WOW! The kilometre-long Sainte-Catherine Street in Bordeaux is the longest pedestrianised street in Europe.

◆ There is a feminist magazine called *Bust*.

◆ Harry Houdini's real name was **Erich Weiss**.

◆ Money has been called "dosh" since 1953.



Hans Christian Andersen was born this month in 1805

◆ The first films screened in the UK were presented by magician David Devant in 1896.

◆ The world's largest library is the Library of Congress in Washington, D.C., with more than 167 million books.



April 15 is Swallow Day, when the swallows are said to return

◆ The cuckoo is said to sing from St Tiburtius' Day (April 14) to St John's Day (June 24).



◆ It's said that if you hear a cuckoo on St Tiburtius' Day, you will get good luck if you turn over the money in your pockets, spit and don't look at the ground.

◆ The word "mesmerise" is named after 18th century German physician Dr Franz Mesmer.

◆ According to weather lore, "The louder the frog, the more the rain."

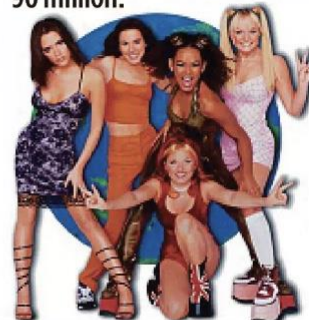
◆ Milan is nicknamed the Drinkable City.



The first matches were sold this month in 1827

◆ The phrase "the war to end all wars" was derived from a book of articles by HG Wells called *The War That Will End War*.

WOW! The Spice Girls are the best-selling girl group of all time, with record sales of 90 million.



FANCY THAT!

Facts to make you go **"WOW!"**

◆ The Union Flag became the official flag of the United Kingdom this month in 1606.



◆ The last private resident of No 10 Downing Street was called Mr Chicken. He moved out in 1732.

◆ Carol Ann Duffy was the first woman, and first Scot, appointed Poet Laureate.

◆ The 1929 General Election was nicknamed the Flapper Election, because it was the first in which women aged 21–29 had the right to vote.

◆ The name Sadie began as a short form of Sarah.



Concorde made its maiden flight this month in 1969

◆ The Highway Code was first published in April 1931.

◆ Gorakhpur Junction in Uttar Pradesh, India has the longest railway station in the world at 4,482 feet.



◆ The German language version of Nena's *99 Red Balloons* – *99 Luftballons* – topped the chart in Australia.

◆ The character of Atlanta in *Stingray* was voiced by Lois Maxwell who played Miss Moneybags in the James Bond films.



I thought I would share this article with you as it's a fascinating read, I love how people can totally immerse themselves in a way of life.



Lynda and Dean in their Forties-style home

As the UK vintage scene grows, we meet one woman who says living and dressing in a bygone era has given her a new lease of life and taught her so much

THE PULL OF THE PAST

By Katharine Wootton

As Lynda Easton fixes her victory rolls and touches up her glossy red lipstick in the mirror, she looks like she's stepped straight out of a time gone by. From Forties' utility suits to Victorian petticoats, her wardrobe is a memory box of pre-loved treasures from the past, many of which she's saved from landfill by making do and mending them herself. All around her old radios, a Singer sewing machine, vintage teapots and even

Hilda Ogden-style flying ducks (below), as seen on Coronation Street, capture a forgotten spirit of yesteryear.

Lynda, along with her vintage-loving partner Dean, are part of a growing number of people in the UK turning back the clock to enjoy the fashions and lifestyles of the past.

For Lynda her love of things from the past goes back to childhood but for many years she felt unable to delve into that side of herself. "I married young, was a carer and was living in a place

where I felt I had to wear beige to fit in, but that never felt like me," she says.

When her children left home for university, Lynda decided to make a change and moved to a new area.

'Vintage is about recycling and using forgotten skills'

She then began to attend vintage events around the country. "I'm not a confident person but I found dressing in vintage made me feel more comfortable and more 'me'," she says. "It was also nice that people would see me and say things like, 'ooh you look like my aunt Nelly!'."

After attending a few vintage events, Lynda was spotted by photographers and asked to do vintage modelling in which she dresses up as characters from history, from Anne Lister to suffragette leaders. She's also made several TV and film cameos in her vintage costumes.

As well as giving her a new lease of life, Lynda says she loves that her vintage lifestyle allows her to breathe new life into old clothes. "We've become quite a throwaway society, but vintage is all about recycling clothes and using forgotten skills like darning to make things last longer."

Her home, which she shares with her partner Dean who she met at a



Touching up her lippy before getting on with her day – note the pinny!



'More tea dear?' Lynda and Dean enjoy afternoon tea in the parlour



Lynda also models for vintage photoshoots



them away," she says.

While Lynda and Dean do have mod cons such as a washing machine and TV, they embrace the old ways whenever they can. "Whether it's using produce from our vegetable patch, baking from scratch or making my own bath salts, it's a joy to do these things but it also helps the environment and saves on bills," Lynda says.

She's also hoping that one day in the future she may be able to use the items

'You feel like you're borrowing a part of history from someone else's life'

in her house to help stir memories in people living with Alzheimer's.

"It's lovely to remember how much people appreciated the simple things and their resilience in difficult times. They're lessons we can take into our own lives now."



■ For more on Lynda's modelling, visit facebook.com/vintagedapperdarling
■ Pick up the latest issue of **Yours Retro**, in shops now or visit yoursretro.co.uk

Did you know..?

Sales of pre-loved vintage clothes have quadrupled in the last three years with the equivalent weight of 900 double decker buses saved from landfill because of second-hand purchases last year

vintage event, is full of much-loved pearls of the past. "The house was built in 1938 and the previous owner lived there all his life and never changed anything. Other buyers said they would rip everything out but we couldn't bear that." From the Victorian-style bath to the original picture rails, Lynda and Dean kept all the original features as well as many of the old items that the house came with, from the mangle in the garden to the original 1934 Co-op bed. "You feel like you're borrowing a part of history and continuing the items from someone else's life, rather than throwing



The front room has many original items

Bursting the Bubble

**Bursting the Bubble – Debra Phippen –
Trustee and Jarrow WI Secretary**

Well, as this week sees the easing of some restrictions that have been with us for quite a while now, I wanted to share with you my thoughts on this, having randomly picked up the free Tesco magazine whilst on a trip out to 'the big Tesco in Durham' (other supermarkets are available).

Reading their article on 'Bursting the bubble', it really hit home to me and gave me permission to be ok with the feelings I know I have, as part 2 of the roadmap out of lockdown takes place.

Will I be able to find a way back into my new life or will the world be changed forever?

Are you like me and fed up with hearing the phrase 'when things go back to normal'? I think it will be a long time before there is any sort of normal; I remember packing away the Christmas face masks I had made, saying to my husband, Ian 'we'll need them next year' when he asked why I was keeping them. He disagreed and said I should throw them away. I asked him today if he thought we would need masks at Christmas this year. His answer was 'probably'.

Reading the article with interest, it told me 60% of people feel very anxious about resuming normal activities after the pandemic. I cannot picture myself being in a crowded pub or shop – maybe being sociable is like riding a bike!

I was dead set against joining the Zoom revolution last year but reluctantly gave in to this form of contact with others and I am glad the WI once again pushed me out of my comfort zone. There is a time and a place for Zoom but at times, I feel my zoom has shot off! Oh how I'd love to be back at my WI meeting with all the lovely ladies chatting over a cuppa about what trips and events they have signed up for.....

When we are faced with stressful situations, which, coming out of lockdown definitely qualifies as a stressful situation, some of our coping mechanisms have been taken away. Perhaps you would have met a friend for a coffee (and I don't mean on a park bench) or you may have gone to the pub or the gym for a good work out.

Some of you may be ready and willing to dive back into 'sociable mode' but others, like me, will feel pressured to conform and how do you deal with that?

As humans, we like rules and to be directed. As rules are eased, there is a chance we will need to make our own decisions and when we are anxious or stressed, we find it difficult to make good decisions. How am I supposed to know if two households can't be more than 6 people or if the 6 people can be from different households. One thing I know, nobody rang me to ask me to go to their garden on 29th March for a beverage. Does that mean I have no friends, or does it prove that people are just as cautious about this whole situation as I am?

For some, this road map will alleviate loneliness (see how I got in one of our campaigns there?). Some might have become comfortable working from home and being around family so much. This is not a race and it is ok to go slow (as long as you are not in the outside lane of the motorway). When you are out and about and you wonder ‘why aren’t they joining in?’ or ‘why are they doing that?’ remember, you don’t know what someone has been through over the past year. They may have had no daily contact with anyone, they may have lost people and we all say at some point we have felt isolated. Be kind and do not judge.

The final part of the article was ‘coping mechanisms’ and these could include mindfulness, breathing techniques, but I like the idea of ways to ‘self-soothe’, and I have made this list and it is stuck to the mirror on my dressing table:

SELF-SOOTHING

Self-soothing is a quick and effective way to reduce the intensity of negative emotions.

- ❖ Have a bubble bath (a shower sometimes just doesn’t cut the mustard).
- ❖ Try out a new recipe and look forward to a tasty tea.
- ❖ Go for a walk – fresh air is free and is a real tonic; make sure you say hello to everyone you meet too – they may need a boost as much as you do.
- ❖ Plant something in the garden and look forward to seeing it grow and bloom – or try nurturing a pot plant. No excuses!
- ❖ Make yourself a pot of tea, get the milk jug out and use your favourite cup and saucer – this always seems very indulgent to me, but I love it!
- ❖ Light a scented candle.
- ❖ Watch something that will make you laugh – there are so many repeats on tv, there’s bound to be something you can find on the guide. Dad’s Army is always a go to for me.
- ❖ Start reading a book or an article from a magazine or even the Federation Newsletter....
- ❖ One phrase from the article which I hope to keep at the forefront of my mind is this:

‘Don’t compare your insides to other people’s outsides.’

As humans we are adaptable and resilient. We will all find our own way out of this.

Word Search

Y P C B E L L Y D A N C E R T M
R G R I M R E A P E R I I A A H
A A H S I E G E S R U N O I L R
M C C G D P N P D S G D D T A C
B L W I E I A O R M U E A T Z A
O O E W V R S H A Z N R S O O V
C W Y R I A F S G V Z E G M R E
L N E G L T T I O A I L E E R M
Y P P I H E C B N V E L I U O A
K N O M R R O H O F R A W D Q N
E I P L S N A M O W E C I L O P

COSTUME DRAMA

Prepare to party by donning a fancy-dress outfit from this list.

ANGEL	FAIRY
BELLY DANCER	GEISHA
BISHOP	GRIM REAPER
CAVEMAN	HIPPY
CINDERELLA	LION
CLOWN	MAIDEN
COWGIRL	MONK
DEVIL	MOVIE STAR
DRAGON	NURSE
DWARF	PIRATE

Next week Joanne is having a well-earned holiday, she will be away from Monday 19th April and return to the office on Tuesday 27th April. If you need to contact the office contact Margaret Carter macarter1@hotmail.co.uk , 07718231984 or via our Face book page. - Have a good week, Joanne!

REMINDER:

Last news bulletin we featured a plea from Lois Benson from Sisters of Shields who is looking for supplies of embroidery threads, needles and felt for a project with primary school children. If you have had a chance to have a sort out and have some items for Lois let us know as soon as possible. Thankyou.

There now follows a report about the Spring Council, which will also be loaded onto You tube in the coming weeks. Enjoy reading!

Best Wishes

Margaret Carter - Chairman - Tyne and Wear South Fed of WI's

0191 5845814

Margaret Carter 0191 4165269, 07718 231984 macarter1@hotmail.co.uk twsfwi@btconnect.com

<https://www.youtube.com/watch?v=nUJV-9wvdB8>



For information and support on domestic abuse, contact:

- Police: 999 press 55 when prompted if you can't speak
- Refuge UK wide 24-hour helpline: 0808 2000 247