

# the WI Tyne & Wear South

#### **News Bulletin 21**

25<sup>th</sup> August 2020 Charity Number 1099003

#### Hello Everyone

Apologies for not getting a bulletin to you last week, happily Joanne is now back and keeping us right! She sends her thanks for all the lovely messages she has received wishing her a speedy recovery.

As our meeting situation does not look like its going to improve anytime soon the Board of Trustees have been looking at ways to put on events that members can join in, these need to be easy to organise, cost effective and conform to covid restrictions. As you will see further on, we have arranged some outdoor events for September and October and some indoor events for November and December. There are two picnics organised - one in Jarrow West Park and one in Saltwell Park. A walk in Herrington Park and this way we have covered all three administrative areas in our Federation - Gateshead, South Tyneside and Sunderland. Please note, in order to conform to the Governments and WI guidelines for covid. **You must book a place for these events**. We are limited to 30 as a gathering so if you want to attend please let me know as soon as possible. Obviously, you can bring food/drink for yourself but please note there should be no food sharing. We will also take a list for track and trace reasons. I do hope you can come along – whatever the weather I will be there.

We are also organising a Federation Quiz and a seasonal Christmas Zoom meeting for 19<sup>th</sup> November and 10<sup>th</sup> December so put these dates in your diary too!

I have been back from holiday now for 2 weeks and I am in the office today to try and get back to some sort of normality. Joanne set up the office last week making it covid secure, all the risk assessments were done and the office kitted out with sanitiser and PPE. Please remember though that the office is still closed to members until further notice and to the reduce the risk of infection Joanne's hours are temporarily changed to Tuesday and Wednesday 9am - 4.30pm.

I was lucky to have a lovely holiday, on the face of it, it was a very simple holiday – myself, husband stepdaughter and two youngest grandsons. It was very relaxed because we didn't race around visiting all the attractions in the area and took each day at a time. The weather was absolutely glorious for the whole week – unheard of in the Lake District, it only rained twice, once at night when we were in bed and once very late in the afternoon, when it had been so hot during the day, the boys ran around in the rain and whooped at every roll of thunder. It was quite an old-fashioned holiday playing cricket, bat and ball and plodging in streams and lakes. It was one of the best holidays we have had. It may have been different if the weather was rotten but we came home with lots of lovely memories and totally refreshed.



# Congratulations to some of our members

It is lovely to have something to celebrate and this week Bowes Belles member Katy Watson married Ross Dobson on Wednesday 12th

August at Château de Jalesnes in the Loire Valley, France. The wedding was streamed live on YouTube for those who were unable to attend. Fortunately, most of the guests beat the deadline for travelling home to the UK, having already planned to return home on the Friday. The wedding has been years in the planning with many, many trips to France by Katy's mam, Alison, (also a BBWI member) with "Our Phil", and much wine and champagne has been sampled all in the name of research!

Katy has been a member of Bowes Belles WI since 2016. Katy and Ross met at Emmanuel College when they were only 12 but didn't start to socialise until they did their Duke of Edinburgh award and she taught him how to wash dishes (clearly planning for the future!). Ross is an exceptional BBWI banner carrier when they support Newcastle Pride every July! Doesn't the bride look radiant? I'm sure that you will join me in wishing the young couple all the happiness in the world as they begin married life together.







Congratulations of a different kind go to someone who could rightly be named a community champion. Maureen James, an active member of Washington Concord, well known on these pages for her poems and other contributions was so concerned about a proposed development of an incinerator on the outskirts of Washington. She headed up a community

group to fight this development. In her own words ....

"I am delighted to report that the plans for a Gasification/Incinerator Plant in Washington, Tyne and Wear have been withdrawn by Rolton Kilbride. This information was received at end of business on Friday, 14th August, 2020. I would like to thank everyone who supported the campaign, too many people to mention but you all know who you are. Together we achieved our objective which was to stop the 'Monster Incinerator' being built in our town close to schools, residential areas and businesses! I would like to take this opportunity to say a huge thank you to Shlomo Dowen - <a href="https://www.facebook.com/UKWIN.Network/">https://www.facebook.com/UKWIN.Network/</a> without whose knowledge and expertise we could not have come this far, also a huge thank you to our MP Sharon Hodgson for her support and hard work during this long fight and to our local Councillors and the Washington & Wearside Against Gasification (Incinerator) Group - WAGG group.

I would like to take this opportunity to pay tribute to Melanie Anderson who very sadly died on the

10th November, 2019. Melanie and Estelle Howarth started the No Monster Incinerator Campaign and together with a small group of like-minded people worked tirelessly to stop the incinerator. Mel was a force to be reckoned with! One of her last wishes was not to let the them win! So Mel if you're looking down on us, you did it girl, we won! Please follow the 'No Monster Incinerator in Washington' Facebook page for any future updates. https://www.facebook.com/NoMoInWashington/

Once again, thank you.

Maureen James "

This development would have been detrimental to our local area – massive numbers of trucks carrying waste through urban areas and toxic gases released into the air from the incinerator which could have been blown across all areas covered by our Federation. Well done to Maureen and all the other citizens who fought this development and succeeded in getting the planning application withdrawn. Thank you from all of us in the area.



Congratulations to Jarrow WI who feature on the WIs page in Septembers Crafts Beautiful Magazine, well done everyone.

#### What have you been upto this week?

Although we are still restricted in how we can meet I have followed with interest how various WI's are taking the opportunity to meet with some members outdoors.

12 members of Dilly Dollies met outside on some open ground in the Pelaw area, they took their chairs and coats(incase) and enjoyed a catch up with friends.





Jarrow WI held a well-attended picnic in the park, where the sun shone and judging by the smiling faces everyone who attended was happy to be out enjoying the company of other members.

6 of Rowlands Gill WI's members had a walk in Chopwell Woods and other WI members across the Federation are meeting in small groups of socially distanced cups of coffee and on occasions something stronger!

The only skill I have mastered since lockdown is how to make a decent piece of fried bread! Prior to lockdown every Saturday morning my husband would take one or other of our older grandsons out for breakfast or his daughter or me if no one else was able to go. At the beginning of lockdown, I felt sorry for him and I've been making him a full English every Saturday and he has coached me on the best way to make fried bread.

20 weeks on I was proudly telling someone I could make great fried bread so he could have his 'Wetherspoons' on Saturdays. You can only imagine what my comments were when it was pointed out that Wetherspoons don't serve fried bread! I should have tried macramé.



22 members of Chilton Moor WI met at Rainton Meadows and were pleasantly surprised to find that the "thunder signs" had changed to "sunny" on the day. The afternoon was a huge success and it was a lovely opportunity to catch up with everyone. Hopefully the weather will behave itself and they can repeat the experience next month.

Other WI members have

been much more productive than I. Connie Firth of Jarrow constructed a beautiful solar powered fountain for her garden – now that's much more impressive than a slice of fried bread.



Anne Cartwright of Whickham Village Belles posted a picture of beautiful piece of embroidery on their facebook page. Glorious colours and such neat stitching.

Angela Gough from Sister of Shields WI set herself the task of trying a new craft whilst she was on holiday. Learning Doodle stitching, she sewed this lovely elephant.









Debbie Lowe, a member of Fells Angels WI, sent these great photos of their walk through the Team Valley up through Beggars Wood to Watergate Country Park. They had a good natter and plenty laughs especially at Debbie's trouser situation. Debbie foolishly wore long pants on one of the hottest days, she decided to unzip them to make shorts but seemed to have walked with two different length trouser legs. She thought they were faulted as she had bought them in a sale. No Debbie these are special trousers that unzip to calf length then again into shorts. Rose Bainbridge forgot her hat and



had to fashion a sun hat from a knotted paper napkin. They have also shared some pictures of some different things they have been making – how colourful and unusual.

#### And something different .....

Some of Sisters of Shields Walkie Talkies group did a murder mystery walk last Wednesday. They had to solve clues on both sides of the river so they enjoyed a little trip on the ferry as well. A very pleasant time was had by all (and they successfully identified the murderer).

(and they such that t

Fells Angels set their members a task this week to come up with a happy story in three words, it was interesting to read their happy stories e.g. Gin and tonic. I ate cake, singing with John. What would your happy story be in three words? Speaking of stories Julie Pendleton sends us the following information about her show in Sunday  $23^{\rm rd}$  August.



#### **NOVA RADIO NE 2-4 SUNDAY**

26-year-old Kayleigh Thorpe read about the plight of the refugees living rough in Northern France and when furloughed due to Covid 19 she decided to volunteer with a British organisation to help support the refugees. Initially for 4 weeks she ended up spending 10 weeks helping with the distribution of clothing and food, hair cutting, sewing, phone charging and bike repair and much more. Hear her first-hand account of the situation and why there has been so many people taking to boats to cross the

Channel to England in recent weeks. Tune in Sunday, 30th August, Julie Pendleton's show 2-4 Nova Radio North East.

#### News from National - AGMs/Annual Meetings

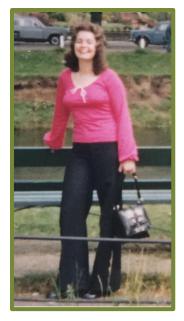
We have received, from National Federation, further instructions relating to AGM's or Annual meetings.

In its simplest form the 5-page document reflects new legislation which enables organisation to deal with their responsibilities regarding Annual Meetings. All presidents and committees will be sent the information in its full format. Basically, as the Trustees read it, this is what each WI must do:-

- 1. If your WI's annual meeting should have been held between 26<sup>th</sup> March and 30<sup>th</sup> September you can hold the meeting virtually (using zoom or another meeting platform). If it is not possible to hold the meeting then the decision can be taken not to hold the meeting. **THIS DECISION AND REASONS MUST BE MINUTED.**
- 2. After the 30<sup>th</sup> September it is expected that Annual meeting will take place and they can be Hybrid meetings. This means that there must be at least 2 members in the same place and others can join virtually. Voting may be done electronically if necessary. For some WI's it will not be possible to hold a meeting. If the WI decides not to hold a meeting it is important to minute the decision and why it was in the best interests of the charity and its members.

Whichever way the WI decides to deal with its Annual Meeting, accounts and financial reports must be completed and circulated as usual.

As stated earlier the full document will be forwarded to all WI's if Members wish to read the full document it will be posted on the Federation Webpage or by requesting a hard copy from the office.



Judith Cummings from Fulwell WI sent her thanks for the bulletin in "Many thanks for the bulletin it's always such a pleasure to read and love the recipes and the reading suggestions" along with this Blast from the Past picture of her. – Look at those flares!!!!!!!!!

#### Things to do in the next few weeks

East Yorkshire Federation has invited us to join them in their summer talks they have organised. Each talk is £5.00 email the office eyfwi2b@gmail.com, to register and pay.

Thurs 27 <sup>th</sup> August	Simon Gregor. 'Wilfred Owen's life and Poems' (Ref 3)
Wed 2 <sup>nd</sup> September	Jennifer Few. The work of 'Yorkshire Wildlife Trust' (Ref 4)
Mon 7th September	Peter Lawrence. Royalty in London. Royalty's influence on the development of London (Ref 5)

#### Denman At Home talks - denman.org.uk/whats-on

WI members and non-members alike are welcomed to join the series of informative, entertaining shared virtual experiences in the comfort of your home. From cookery courses, craft demonstration, history lessons and activities for all the family. Denman have something to suit all tastes, and best of all, still only  $\pounds_5$  per session.

Date and Time	<u>Course</u>
Tuesday, 25 August 2020 at 1:00PM	Card making with Chalks
Tuesday, 25 August 2020 at 6:00PM	Simons talk on Berlin 1936 – Hitlers Olympics
Wednesday, 26 August 2020 at 11:00AM	Cobweb Felt Scarves
Wednesday, 26 August 2020 at 2:00PM	Kids cooking in the Kitchen
Wednesday, 26 August 2020 at 6:00PM	Cook Along – Chicken Schnitzel and Vietnamese Slaw
Wednesday, 26 August 2020 at 8:00PM	Peters Talk on the Villages of East London –
Thursday, 27 August 2020 at 2:00PM	Beneath the City Streets of London – Unseen History
Thursday, 27 August 2020 at 6:00PM	Cook-Along with Alex - 'Magic Fridge' Fougasse Stuffed with Molten Cheese, Beetroot, Smoked & Sundried Tomato
Friday, 28 August 2020 at 11:00AM	Simon's Virtual Walk Through Bermondsey (Morning)
Friday, 28 August 2020 at 2:30PM	Richard's Ukulele Sing-Along 5
Saturday, 29 August 2020 at	WI Dolly and Friends with Claire - Demonstration and Q&A
11:00AM	

Saturday, 29 August 2020 at	Eco Dyeing with Sue - Demonstration and Q&A
2:00PM	
Monday, 31 August 2020 at 7:30PM	Melanie's Talk on Three Women, One Man – Glamour, Wealth and Heartbreak
Tuesday, 01 September 2020 at	Seasonal Preserving with Lindy - Damson Jam and Gin
4:00PM	
Tuesday, 01 September 2020 at	Simon's Talk on Rudyard Kipling, Edith Wharton, John
6:00PM	Masefield and Harry Lauder - Four Writers on the Battlefields of The First World War (Evening)
Wednesday, 02 September 2020 at	Peter's Talk on 'Reading the Timbers' - A History of
8:00PM	Timber Framed Buildings
Thursday, 03 September 2020 at	Peter's Talk on The Royal Albert Hall & Albertopolis
2:00PM	

Bowes Belles WI would like to invite members of Tyne & Wear South Federation to join our meeting on the 8th September at 7pm. Our speaker is Tony Harris in character as Winston Churchill. Tony's performance will bring the great man back to life with humour and insight during a talk that takes us through the dark days of the 1940s. All you will need is to wave your shout: "Hear! Hear!". Please order papers and email bowesbelleswi@gmail.com for joining instructions.



Bowes Belles WI have space available on their silver ring making workshop with The Glamorous Owl (Newcastle) at 10.30am on Saturday 19th September at a cost of £20 per person. The Glamorous Owl have been very reassuring about the steps they are taking to ensure a safe environment - 2m social distancing, all attendees are asked to wear facemasks where possible (provided or take your own), and there are handwashing facilities, hand gel, wipes etc. available as we have all come to expect in the age of COVID-19. This is open to WI friends and family. Please contact bowesbelleswi@gmail.com to secure a place. https://www.theglamorousowl.com/

#### Read and Rhyme -Just Like other Girls – By Claire Douglas

Still battling grief after her mothers death, Una Richardson jumps at the chance of a fresh start when the rich Elspeth employs her as a live in carer. Things take a sinister turn when in emerges that Una has had more then one predecessor. Suspecting there is something darker going on, Una



#### Daughter - By Ellie Croft

Kat has always treated both of her daughters equally but her eldest child Imogen has a dark history, which has always troubled her. When a violent incident detonates a wave of accusations and suspicion with in their family – it seems the truth will always come out .....

wonders how long she will be able to avoid the same fate. Like Mother Like



Poem - My Nana and Me by Maureen James - Washington Concord WI

Maureen wrote this poem following the visit from her grandchildren, Joshua and Jazmyn during lockdown 8th August, 2020. Best wishes, stay safe,

Maureen James xx

We didn't do much today...Me Nana and me... we just talked... and baked.

We made a sponge cake...and I was allowed to scrape the bowl!

She told me about when she was a little girl and her Mam taught her how to bake, they made scones, pies and fairy cakes!

Eee it was funny what me Nana and me Mam did in the olden days, when my Mam was little, like me!

Then Nana went quiet and I saw her wipe a tear from her cheek,

What's wrong I asked.... ahhh I'm just being silly, never mind me!

Now let's see... what else do we need to get this cake made!

We didn't do much today... Me Nana and Me... we just talked and baked.

She told me about her School, her teachers were git strict, there was no back answering then!

You had to stand in the corner of the class room if you were naughty and a blackboard rubber would be hurled through the air if you were talking when you should not have been and woo betide if you were cheeky... you might get caned!!

Things were different back then pet; times change she said...

ohh I'm glad I didn't go to my Nana's School back in the olden days!

We didn't do much today... Me Nana and Me... we just talked and baked.

She told me about when she met my Grandad... eee she said, he was handsome!

He had nowt, well nowt to talk of but ohh I did love him and so I married him and we had a baby, your Mam!!

They were some of our happiest days, she said, when your Mam was little and we planned for our future... life was different then, easier... well, harder but we managed, we were young!

Come on lass... let's get these cakes into the oven, we haven't got time to talk all day!

We didn't do much today... Me Nana and Me... we just talked and baked.



#### Post Bag -

"Hi Joanne, another good bulletin. Thanks for our Anniversary Congrat's but where did you find that photo?? It was taken at Nick and Mandy's wedding in

Thailand 9 years ago. Such happy memories!!!" Elaine and Steve Wright

"Thank you for all your hard work over the last months during these strange times. The weekly bulletins have been very well received by our members and I've been kept busy making them into booklet form for those members without access to the internet. This has improved my IT skills tremendously and has also increased my fitness levels slightly as I deliver them on foot around Herrington" – Marjorie Burland Harrington WI

"I have really enjoyed all the news you have been sending us, you are doing a great job and I really appreciate it. Thankyou and get well soon" Shirley Cresci Rowlands Gill W I.

"I too hope you have a speedy recovery. I am not comfortable with social media and your emails have enlightened my days. I am also sending them to a friend who has been isolating with her elderly parents. She has enjoyed the recipes. Thank you very much". Helen Bryce Fells Angels



#### Lois Lush

Our Federation have been amazing: federation meetings with reps from all WIs on zoom, sharing joint activities and meetings, keeping us informed of national matters and sending out a fantastic weekly newsletter. They really have gone above and beyond.

1 d Like Reply



Thank you for all your kind comments and wishes for a speedy recovery for Joanne – we couldn't put them all on this news bulletin but please be assured that your comments have brightened our week – Once again thanks!



Since many of us are now forced to take staycations, more so since the increase of quarantine restrictions. if you are venturing into camping, here are a few recipes to liven up your camp diet.



5 WAYS

# CAMPFIRE COOKING

Rustle up these family-friendly recipes to enjoy around the fire on your next outdoor adventure

#### Campfire smoky bean brekkie

SERVES 8-10 PREP 10 mins COOK 30 mins EASY

Heat 4 tbsp olive oil in a large frying pan, and sizzle 4 rosemary sprigs for 1 min. Remove and discard. Brown 6 chipolatas in the oil, then push to the side. Add 12 small cooking chorizo, halved, and 6 chopped hot dogs. Cook for 3-4 mins, then push everything to one side. Add 2 chopped onions and fry for 8 mins more, or until

softened. Add 500ml passata, 300g barbecue sauce, 2 x 400g cans haricot beans, drained, and 2 x 400g cans borlotti beans,

drained. Mix and bring to a simmer. Make eight to 10 gaps in the mixture using a spoon, then crack an egg into each. Cover with foil and cook for 10 mins, or until the eggs are cooked to your liking. Top with chopped rosemary, if you like, and serve with buttered toast.

GOOD TO KNOW 1 of 5-a-day
PER SERVING 441 kcals - fat 27g - saturates 27g
- carbs 8g - sugars 12g - fibre 5g - protein 23g salt 2.3g

#### Buffalo hot dogs

SERVES 4-6 PREP 15 mins COOK 20 mins EASY

Mash together **50g blue cheese**, **50g soured cream** and **1 tbsp mayonnaise** until smooth. Stir through **1 finely chopped celery stick**. Cook **4-6 sausages** on a barbecue or in a frying pan following pack instructions, Split **4 brioche hot dog buns** down the middle, then top each with a hot dog, a drizzle of **buffalo hot sauce**, the blue cheese dressing and **2 tbsp shop-bought crispy onions**.

PER SERVING 473 kcals - fat 27g - saturates 11g - carbs 40g - sugars 8g - fibre 3g - protein 15g - salt 1.8g

#### Pesto pasta salad

SERVES 6 PREP 10 mins COOK 12 mins EASY V

Cook 400g mini pasta shapes in a pan of boiling slightly salted water until al dente. Drain, tip into a bowl and cool, Add 200ml crème fraîche and 4 tbsp pesto or vegetarian alternative. Stir in ½ finely chopped cucumber, 16 quartered cherry tomatoes, 200g cooked peas and a handful of torn basil.

GOOD TO KNOW fibre 1 of 5-a-day
PER SERVING 420 kcals - fat 19g - saturates 10g - carbs 49g - sugars 5g - fibre 6g protein 11g - salt 0.3g

#### Cookie s'mores

SERVES 8 PREP 5 mins COOK 2 mins EASY V

Thread **8 marshmallows** (vegetarian, if needed) onto metal skewers, and cook over a campfire or barbecue for 1-2 mins until softened. Lay out **16 chocolate chip cookies**. Spread **8 thsp chocolate hazelnut spread** over half the cookies, then top each with a toasted marshmallow. Sandwich with the remaining cookies.

PER SERVING 194 kcals - fat 8g - saturates 4g - carbs 27g - sugars 16g - fibre 0.2g - protein 2g - salt 0.3g

#### BBQ banoffee splits

SERVES 6 PREP 10 mins COOK 12 mins EASY V

Combine 40g softened butter, 50g light brown soft sugar and ½ tsp vanilla extract. Split 6 small ripe bananas, unpeeled, down the curved side, and spoon the butter mixture into the split. Wrap each in foil. Cook on the barbecue, directly on the ashen coals, for 15 mins, turning halfway. Scatter with chopped pecans and serve with whipped cream or yogurt.

GOOD TO KNOW 1 of 5-a-day - gluten free PER SERVING 201 kcals - fat 11g - saturates 7g - carbs 24g - sugars 22g - fibre 1g protein 1g - salt 0.1g



Find more campfire recipes at <u>bbcgoodfood.com/recipes/</u> collection/campfire



<u>Christmas Corner</u> – Christmas Corner, why not make sets of advent calendar bags? They can be made well in advance and filled closer to December 1st



For a modern twist on the trad advent calendar, make Lana Red's collection of paper bags filled with sweet treats



#### HOW TO MAKE... ADVENT CALENDAR BAGS

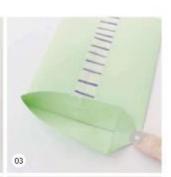
#### MATERIALS

- Paper
- Scissors
- Washi tape
- Decorations
- A great stash-busting project, the joy of Lana's grown-up advent calendar is that you don't have to restrict yourself to just one chocolate...
- Out the paper to your desired size.
  Fold the sides of the paper inside.
- Tape the folded parts together.
  Fold 2cm of the bottom of the paper up towards the top.
- Open the folded area and flatten the corner, **creating a triangle shape**. Repeat this for the other side.
- Take the top part of the flattene area and fold it downwards to the
- middle. Repeat for the bottom piece.

  Place your hand inside the bag and push the side creases open.
- Fold the side creases towards the inside of the bag, making a v-shape.
- Decorate how you wish. We wrote the date on a circle of paper and attached it to the top of the bag, alor with a wire decoration, using little bullclips. Pop in a treat! Make all 25 bags and arrange in a basket to finis















Dates for your Diary – As mentioned earlier in the newsletter we have decided to hold a couple of Federation events. Please make sure you book your place with me, <a href="mailto:macarter1@hotmail.co.uk">macarter1@hotmail.co.uk</a> or 07718 231984, and not the Federation office as Joanne is on holiday. We look forward to seeing as many of you as possible, I saw Joanne in the office for the first time today since March, you can't beat seeing people face to face.

Date and Time	Event		Location					
Tuesday 1 <sup>st</sup> September 1pm – 3pm	Picnic in the Park	Prente	Jarrow Park West (meet by the bandstand.					
Thursday 3 <sup>rd</sup> September 1pm – 3pm	Picnic in the Park	Pionics Park	Gateshead Saltwell Park (meet by the lake)					
Saturday 3 <sup>rd</sup> October 10am	Autumn Country Walk		Herrington Country Park (meet in the car park)					
Thursday November 19 <sup>th</sup> 7pm	Federation Online Quiz	?;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;	From the comfort of your sofa					

Below are details of an event to be held on Friday 4<sup>th</sup> September at Perth Green who are working in partnership with Age Concern. This would be a great way to get back to meeting people and doing something new, the centre is very covid safe and they would make you most welcome. Please contact Perth Green direct to book your place for this event.

0191 456 6903.

Friday 4 <sup>th</sup> September 10:30am - 12:00 noon	Life after Lockdown  Coffee and a Chat - to give you a taster of what is already available at the Centre, there will be demonstrations during the morning including carpet bowls, curling and table tennis. The creative crafts group will also be available to talk to you about their activities and how you can get involved.  The Lunch club is also available from 12:30pm: Mince and Dumplings and	Perth Green Community Centre
	Mince and Dumplings and Dessert for just £3	

Posters are at the end of the bulletin, giving you more information but remember places are limited to make sure we respect social distancing and stay safe.

#### Wordsearch

Find all the salad-related words. Words can run horizontally, vertically, forwards, backwards or diagonally.

BASIL	PICKLE
BEANS	RADISH
BOWL	RAISINS
cos	RAW
FETA	SALMON
HAM	SAVOURY
HEALTHY	SEAFOOD
LETTUCE	SERVERS
MEAT	SHRIMPS
MUSTARD	TUNA

100													
	Α	K	Ν	Ν	0	S	R	E	٧	R	Ε	S	Р
	Т	S	N	Α	Ε	В	E	D	С	D	1	Υ	Ν
	Ε	Ε	0	I	E	Ν	0	0	Т	Υ	В	Н	Ε
	F	C	S	Α	٧	0	U	R	Υ	D	0	T	L
	R	1	Ν	Е	F	Р	S	0	Т	R	W	L	T
	F	1	E	Α	R	Α	L	L	U	Ν	L	Α	E
	0	R	Ε	D	L	Α	Е	R	Α	W	Е	Ε	S
	С	S	Α	M	R	Т	ļ	L	D	M	R	Н	Н
	Т	I	0	D	T	Α	В	S	K	Ε	L	N	R
	М	N	K	U	1	Α	Т	0	1	С	R	Т	1
	Α	S	C	1	N	S	Н	S	Α	Ν	1	E	M
	Н	Ε	0	U	Р	W	Н	Ν	U	Υ	S	Р	Р
	U	E	Т	С	В	Α	S	I	L	M	С	D	S

Please remember that news bulletins are now being produced fortnightly so the next one will be Wednesday 9<sup>th</sup> September. Joanne is on holiday for the next two weeks but Emails will still be answered as normal.



One last piece of important news - Just as we are getting ready to read through this letter, Darren, Joanne's husband has just called her and the chickens have finally laid an egg!!!!! the egg is tiny but they are counting their blessings it's not chocolate as the chicks are spoilt rotten and eating a lot of biscuits!!!!!

Thank you for reading.

Margaret Carter - Chairman - Tyne and Wear South Fed of WI's

Office number and email 0191 5845814 twsfwi@btconnect.com

Margaret Carter 0191 4165269, 07718 231984 macarter1@hotmail.co.uk

### For information and support on domestic abuse, contact:

- Police: 999 press 55 when prompted if you can't speak
- Refuge UK wide 24-hour helpline: 0808 2000 247

We are always looking for ladies to join our committees to give us some new fresh ideas, if you fancy coming along to see what's its all about contact either Joanne at the office or Margaret. We have just started to hold these meetings again after lockdown via Zoom so it would be great time to get involved.



The Federation committees have been reviewed and we are now organised into the following committees:

#### **Membership and Current Affairs Committee**

Deals with all WI issues like recruitment and retention of members, Advisers, IFEs, Annual Meetings, Campaigns and this committee is now open to all members Meets bi - monthly 6 pm on the third Thursday of the month.

#### **Events and OpportunitiesCommittee**

This committee arranges all the fun things like Visits, Quizzes,
Afternoon teas, Craft groups, Workshops and Courses,
and lots more social events that add to the benefits
of being a WI member.

Meets every month 6pm on the second Wednesday of the month

Come and join us!

Come and take part in planning activities for the whole Federation

Contact the Federation Office or Margaret Carter for more details.

# theWI Tyne & Wear South

invites you to our

# Never Mind the Weather - WI can be Together

picnics in the parks

Jarrow West Park Tues 1st September 1-3pm meet by the Bandstand

or

Gateshead Saltwell Park Thurs 3 Septmber 1-3pm meet by the lake

Bring a chair, hat, umbrella, wellies, sun cream and most importantly your food and drink of choice.

The weather wont defeat us!

In accordance with Govt guidelines we are limited to 30 places for each picnic, please email, or ring Margaret Carter to book your place.

07718231984 or macarter1@hotmail.co.uk

# the WI Tyne & Wear South

invites you to our

## Autumn Walk

Saturday October 3
Herrington Country Park
Meet in the car park at 10am

Please wear appropriate clothing bring a flask and a sandwich if you want to have the opportunity for a chat and catch up after walking.

In accordance with Govt guidelines we are limited to 30 places for the walk, we will walk in groups of six.

please email ,or ring

Margaret Carter to book your place.

07718231984 or macarter1@hotmail.co.uk

## the WI Tyne & Wear South

invites you to our

## Federation Quiz

online

November 19 7pm

Put the date in your diary, further details to come

GREAT PRIZES
GREAT FUN

and all from the comfort of your sofa!